COVID-19 Special

Opening of Businesses and Your Health

As local and state governments open businesses, we need to remember that the health threats caused by the coronavirus are not over! The decision to open stores and other services is to respond to economic concerns. The virus is still here.

For your health and that of your family, don’t let down your guard! In many towns and counties, you must wear a mask or a cloth covering at work and when you enter businesses. This includes children over 2 years of age.

To stay healthy continue to:

1. Use a mask or cloth to cover your face when you are out of your house and near others.
2. Continue to social distance by staying 6ft from others, even when wearing a mask.
3. Avoid touching your eyes, nose and mouth.
4. Wash your hands frequently with soap and water for at least 20 seconds.
5. Clean and disinfect objects brought into your home.
6. Don’t forget to disinfect your cell phone, keys, backpack or purse often.

Once more, we encourage you to take care of yourself and your loved ones. Protect yourself.

Let us know if you have any questions! 352-514-0237

Rural Women’s Health Project

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