

What is Let's Talk About It?

We are a diverse group of women who are living with HIV or caring for someone living with HIV. We join together regularly to support, encourage and empower one another to face and embrace our fears.

All of the LTAI women are dealing with similar issues and we talk about how to overcome barriers and obstacles in life. We strengthen our skills as we reach out to make the road smoother for others.

Let's Talk About It Offers

- Friendship
- Support
- New skills
- Useful resources
- Seminars and retreats
- Opportunities to make a difference in the community

At Let's Talk About It we...

“ *Speak out about how we feel.*

Refuse to allow the disease to conquer us or define us.

Don't have to hide anymore.

Won't let anyone put us in a category or a box. ”

Let's Talk About It 2013 Highlights

- 10 Peer Meetings
- Women's Retreat
- "Rights in the Workplace" seminar
- Art night
- 3 LTAI Community Presentations
- 4 LTAI displays at local libraries and organizations

We support each other
in accomplishing
our goals!



Many ways to get involved!

- Join us at our meetings (Alachua, Putnam, and Marion Counties)
- Receive LTAI materials by mail
- Attend LTAI events
- Follow us on our blog

Call us to get
more information
or just to chat!



352-372-1095

Send us an email:
peeradvocates@rwhp.org

Follow along on the blog!
www.letstalkaboutitblog.rwhp.org