

COVID 19, Jo'lajuj Pixab'

enero 2021

Le t'isb'aq rech le COVID 19

Are ne wa' jun utzilal kb'an chi awech xuquje' chi kech ri awachalal rech man keyab'ar ta ruk' le COVID!

¿La aweta'm?

La le t'isb'aq rech le COVID 19, man kt'is ta jun uchikopil ri yab'il k'asalik, man kuya taj kaq'axex ri COVID 19 chi awech.

¿Jas che la' kajawataj ne' kakoj le jun t'isb'aq rech le COVID-19?

Nab'e: le t'isb'aq rech le COVID-19 kuk'ut chi rech le qach'akul che uto'yixik rib' chi kuwach ri uchikopil ri yab'il.

Ukab': we aweta'm chi jawi katb'ewi e k'o ne jachin yawab' ruk' le COVID-19, le t'isb'aq katuto' chi man kat'iq ta awib' ruk' ri yab'il.

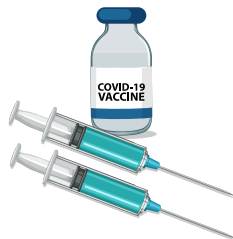
Urox: Le t'isb'aq k'o chanim sib'alaj kkwonik, rech man katyab'ar ta ruk' le COVID-19.

Ukaj: We kakoj ri t'isb'aq kato' chech uchijixik ri winaq e k'o chi anaqaj.

Uwaq: Xaq sipatal ri t'isb'aq chi qech uj qonojel.

Ri jastaq rajawaxik kaweta'maj.

kkayix na jas ub'i' ri t'isb'aq, keb' on jun la' le kajawatajik.



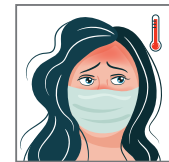
K'o ne kuya' nitz' taq q'oxomal nema man knajtin taj.



uq'oxomal q'ab'aj



tuqa'rinem



q'aq'

Are chi' ok'owinaq chi kajlajuj q'ij kojtajnaq ri t'isb'aq b'im k'o chi ne'uchuq'ab'il ri ch'akul chi wach ri yab'il COVID 19.



Utz kakunaj awib' katij ibuprofeno on Tylenol rech ktan ri q'oxomal.

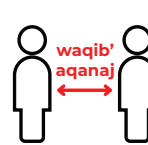


Are chi' xkojtaj ri T'isb'aq

Rajawaxik kakoj na ri ch'uqb'al achi'



Man katqib' ta chi kinaqaj ri winaq



Xuquje' kach'aj na ri aq'ab'.



ktob' chi awech xuquje' chi kech ri winaq kek'oji' chi anaqaj rech man kkit'iq ta kib' ruk' ri uchikopil ri yab'il.



Un mensaje de proyecto Salud.