

# Swatx´ilal b´ay ix ix chi ok sb´acuna yuj COVID 19

Actualizado septiembre 2021

A kawal watx´ yet a heb´ ix ix k´al heb´ ix yalixh ix unin yin lajkaweb´ ab´il chi ok sb´acuna yuj jun ilya COVID-19.

## Chi je´ yok sb´acuna heb´ ix ix yuj jun ilya COVID-19 ti´

Kaxa´ mi ayok heb´ ix yalan unin



Si están tratando de embarazarse ahora o en el futuro



Kaxami´lanan yahon txutxwoq heb´ ix syune´



Ma lanan yuk´en heb´ ix junoq amb´al yet k´am chi kan heb´ ix yalan unin.



Ta hay he q´anleb´al, chi je´ he yawji b´ay heb´ yajaw yib´an amb´al, ma xin b´ay ch´en awteb´al yet VIVIR-21 atoni 352-327-8005 yet chi je´ he yillaytoq.

### Abeqxin

Ta ayachtí mayal jay skúal ahon ok a examen yin hem watxoqab´ tol bábél chakanhok a examen ti´ yet k´am to chi ok a vacuna yet covid, ma k´apaxoq chi je´ ahon kan hok a vacuna yet COVID 19 ti palta yowalil chi hechb´anej kaneb´ ma waqeb´ semana kax chi je´ to ahon ok examen yin hem.



### Naeqteqxin:

Tol yowalil kal ta che say he yil he b´a mawal axka yuj junoqxa ilya ma yuj he presión yin he mimanil, asucal xol he chik´il, k´al saylay il yul he k´ul ta kam kancer yin he matriz ma junoqxa maqanil ilya.



Rural Women's Health Project  
www.rwhp.org



COVID 19  
nab´al # 19

Adaptado de:

• <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/recommendations/pregnancy.html>  
• <https://www.acog.org/womens-health/faqs/coronavirus-covid-19-and-womens-health-care>