COVID-19 Tip #10

July 2020

COVID-19 Cases Increasing in Florida

There is great concern as coronavirus cases are increasing in the State. To reduce the risk of the virus affecting not only yourself but every person, no matter their age, that you interact with, be sure to make these six steps part of your everyday habits. Working together, we can stop the spread of the coronavirus!

To stay healthy continue to:

1. Use a mask or cloth to cover your nose and mouth in public.
2. Continue to stay 6ft from others, even when wearing a mask.
3. Avoid touching your eyes, nose and mouth.
4. Wash your hands frequently with soap and water for at least 20 seconds.
5. Clean and disinfect objects brought into your home.
6. Disinfect your cellphone, keys, backpack or purse often.

Once more, we encourage you to take care of yourself and your loved ones. Protect yourself.

Let us know if you have any questions!
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