COVID-19 Tip #18

What to Expect After You Get Your COVID-19 Vaccine

Frequent side effects

On the arm where the injection was given:
- Pain
- Redness
- Swelling

In the rest of the body:
- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

Helpful tips

If you feel pain or discomfort after getting vaccinated, you can:
- Take ibuprofen or acetaminophen.
- Use or exercise your arm.
- Drink lots of fluids.

When to call the doctor

1. If the redness or tenderness in the arm increases after 24 hours
2. If the side effects have not gone away after a few days.

Consult a doctor.

After the vaccine, continue with these actions:

You are considered protected against COVID-19 two weeks after finishing the recommended dose of the vaccine.

Adapted from: